

## Colossians: Rooted & Growing 7

**Text:** Colossians 3:1-4

**Purpose:** Because we have been raised with Christ, we will learn to put to death our old self along with the help of the Holy Spirit.

**Opening Question:** *What is one good habit you practice regularly?*

**Read and Discuss:** Colossians 3:1-4

1. *What does it mean to be raised with Christ? What has changed in your life since you have been raised with Him?*
2. *Because we have been raised with Christ, our old life has died. What are some of the thoughts patterns, old habits, destructive behaviors that have been left behind because of your new life?*
3. *What changes are you looking forward to at the completion when you stand with Christ in glory? How will your life be different?*

**Read and Discuss:** Colossians 3:5-11

4. *Paul gives a suggested list of things that could belong to our old life. Pick one or two from the list. How are those things destructive in your life? What do those things give or take away from you?*
5. *How does choosing to remember our new life and choosing spiritual rhythms help us to put destructive things to death?*
6. *Read 2 Corinthians 3:18. How does the truth that God helps us put to death our old self through the Holy Spirit encourage us?*
7. *What spiritual habits help you to become more like the person God created you to be? What new habits would you like to adopt to continue putting to death the old self and living as a person raised with Jesus?*