

But First, Joy-Source of Joy

Text: Luke 1:26-52

Purpose: Because life is full of challenges our joy can diminish. This discussion we learn through the birth of Christ how to keep joy in front of us.

Opening Question: *Are you a cup is half full or half empty person?*

Read and Discuss: Luke 1:46-52

- 1. Reading through this story, does God want joy for us?*
- 2. What would be your reaction if you were Joseph or Mary? What leads them to follow God in this with faith?*
- 3. When have you experienced a sudden shift or unexpected life circumstance? How did you first react? How was God a part of it?*
- 4. What stands out to you about Mary's song?*
- 5. How do you practice joy when you face the unexpected in life?*
- 6. What kinds of things can you pray for this year that lead you to joy?*